

National 5 Physical Education

The National 5 PE course allows pupils to study the subject of physical education and achieve an accredited award.

The course aims to:

Develop and demonstrate understanding of principles/factors underpinning and impacting performance.

Explain factors which impact positively and negatively on engagement and performance in physical activities.

Build capacity to enhance effective performance.

Examine and analyse performance to inform and influence personal improvement.

Useful Websites

<https://www.sqa.org.uk/sqa/47399.html>

<http://www.educationscotland.gov.uk>

<https://www.bbc.co.uk/bitesize/subjects/zctsr82>

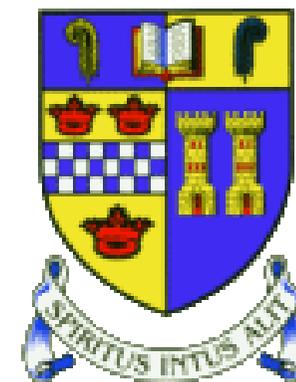
You can also find resources in the National 5 PE Google Classroom, which is updated with new resources and tasks regularly

National 5 Physical Education

FACULTY OF HEALTH

**INVERURIE
ACADEMY**

Phone: 01467 532290



Faculty of Health
Parent Information Leaflet

National 5 Physical Education - What Is Involved In Our Course

What We Expect From Your Child

1. Diligence and a commitment to learning.
2. Work towards target setting agreed at beginning of new year.
3. Homework to be returned and completed with care and on time, given on a regular basis.
4. Full and active participation in each of the activities which we offer.

Course Assessment

To gain the award of the Course, the candidate must achieve success in two elements of course assessment.

The *course assessment* is split up into two elements.

The first element is two "one off" practical performances, each in a different activity. These are internally assessed. Up to 60 marks can be awarded, 30 for each performance.

The second element is a portfolio, which will require pupils to write in depth about the performance development process. This is completed during class time, based on work completed as part of the course, and up to 50 marks can be awarded.

Each of these elements is worth 50% of the overall final grade.

What You Can Expect From Your Teachers

1. Commitment to Excellence.
2. Consistency in teaching and learning.
3. High expectations.
4. Specialist knowledge in subject field.
5. Homework marked in a timely fashion.

