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Ref: DL/COVID-19

Date: Friday 17<sup>th</sup> September 2021

Dear Parent/Carer,

**RE: COVID-19 Update**

As is evident from media coverage, the COVID-19 pandemic continues to cause concern across Scotland. We continue to work closely with the local Health Protection Team, and carefully follow all advice and guidance provided. We understand that the changes can be hard to keep track of, and hope that the following summary is helpful. There is a comprehensive risk assessment in place for all aspects of school life. This, and the control measures we use are subject to regular review. We would welcome your support in working with us to encourage our young people to continue:

- Maintaining good hand hygiene.
- Wearing face coverings (in school, and when using school transport).
- Following the one-way system that is in place.
- Carrying out lateral flow testing regularly. (Supplies are readily available from the school office – young people can collect these as/when needed. Please remember to [record the result.](#))

Due to the current number of confirmed COVID-19 cases in Grampian, the NHS Health Protection Team are asking that (in addition to the three main symptoms of COVID-19 – cough, temperature and loss/change to sense of taste/smell) those who are experiencing any of the extended symptoms also self-isolate and book a PCR test. The extended symptoms include:

- General weakness
- Sore throat
- Shortness of breath
- Diarrhoea
- Headache
- Chills
- Muscle pain

If any member of your household needs to have a PCR test (not only those of school age) we'd really appreciate being made aware of this, and of the result. Please email us on [inverurie.aca@aberdeenshire.gov.uk](mailto:inverurie.aca@aberdeenshire.gov.uk). We will use this information to ensure that your young person's attendance is recorded accurately.

We are not able to acknowledge every message informing us that a test has happened, or that the result is negative, but we will endeavour to answer questions/queries as quickly as is possible. We really appreciate you keeping us informed.

If you have questions or uncertainties regarding whether self-isolation and a PCR test are necessary, please ask us for clarity or [click here](#) to check.

We appreciate that the pandemic continues to have a big impact on all of our lives, and are grateful for your support and cooperation as we navigate this tricky time together.

Yours faithfully,



Ms D Lynch  
Depute Head Teacher